CHIDALU EKENE ONUORAH

Registered Nurse (RN) | B. Sc. Human Physiology

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Registered Nurse combining a **B.Sc. in Human Physiology** with **2+ years** of post-licensure clinical practice and **4+ years** of intensive clinical exposure across **emergency care, orthopedics, psychiatry, pediatrics, and surgical units.** Skilled in **rapid emergency response, complex medication management, clinical documentation, patient assessment, medication administration, EHR management, interdisciplinary collaboration, and health education.**

Core Skills & Tools

- **Clinical Competencies:** Gynaecological & Surgical care, Emergency Triage, High-Acuity Assessment, IV & Complex Medication Therapy, Postoperative & PACU Care, SCBU & Pediatric Care, Wound Care & Infection Control
- **Documentation & Digital:** Clinical Documentation, EHR/EMR Management, Nursing Notes, Google Workspace, Microsoft Office
- **Professional Attributes:** Multidisciplinary Teamwork, Public Health Education, Critical Thinking, Time Management

Key Achievements

- **Gynaecological & Surgical Care:** Successfully managed nursing care, pre-operative preparation, and post-surgical recovery for diverse gynaecological cases, ensuring zero surgical site infection incidents through strict aseptic technique.

- **Emergency Assessment & High-Acuity Care:** Executed rapid triage and clinical assessments for 30+ acute emergency cases monthly, identifying critical status changes and achieving timely stabilization.
- **Complex Medication Administration:** Safely administered complex IV therapies, blood products, and high-alert medications for 10+ patients daily with zero adverse reaction incidents through strict safety protocols.
- **Surgical & Orthopedic Support:** Provided perioperative monitoring and rehabilitation assistance for 30+ orthopedic, tenotomy, and skin grafting cases across major tertiary hospitals.

- **Pediatric & Neonatal Oversight:** Managed specialized care and monitoring for 25+ pediatric and SCBU preterm patients, including thermoregulation, feeding support, and emergency response.
- **Community Public Health Impact:** Co-organized monthly CDS public health campaigns reaching 500+ secondary students and community members on pharmaceutical safety, drug misuse, and hygiene.

Experience

Friendship Hospital, Yaba | Nurse *May 2026 – Present*

- Deliver specialized nursing care across inpatient and outpatient gynaecological units, supporting women's reproductive health management, pre- and post-operative surgical care, and routine gynaecological assessments.
- Monitor and assist with surgical gynaecological procedures, post-anesthesia recovery, and wound care management for patients undergoing major and minor procedures.
- Provide patient-centered education on reproductive hygiene, post-operative recovery care, family planning, and treatment compliance.
- Maintain accurate electronic medical records (EHR) and comprehensive nursing documentation in compliance with hospital quality and confidentiality standards.

Our Lady of Lourdes Hospital, Ihiala | Nurse *Nov 2024 – Apr 2026*

- Executed rapid emergency triage and physiological assessments for high-acuity patients to ensure immediate resuscitation and medical intervention.
- Administered complex IV medications, fluid resuscitation, and post-stabilization therapies with continuous monitoring for adverse reactions.
- Educated post-discharge patients and families daily on medication compliance, wound care, and disease prevention.
- Maintained complete clinical documentation and nursing notes in alignment with standard healthcare quality protocols.

Student Nurse Clinical Rotations | Various Hospitals *2022 – 2024*

- **National Orthopaedic Hospital, Enugu:** Supported emergency burn resuscitation, ambulatory rehab, tenotomy procedures, and post-op wound care for 30+ orthopedic patients.
- **Federal Neuropsychiatric Hospital, Enugu:** Managed patient observation, medication administration, behavioral charting, and assisted with Electroconvulsive Therapy (ECT) procedures.

- **Nnamdi Azikiwe University Teaching Hospital, Nnewi:** Assisted in SCBU, labor and delivery support, surgical/anesthetic support, and direct observation therapy for TB/HIV patients.
- **University of Nigeria Teaching Hospital, Enugu:** Managed specialized pediatric, dental, ENT examinations, and dermatological care.
- **Chukwuemeka Odumegwu Ojukwu University Teaching Hospital, Awka:** Provided Accident & Emergency (A&E) triage and perioperative care.
- **Primary Healthcare Centre, Amorka:** Delivered antenatal/postnatal care, routine immunizations, and community health outreach.

Government Secondary School, Keffi, Nasarawa State (NYSC) | Teaching Assistant

2019 – 2020

- Delivered SS1 Chemistry lectures and hands-on laboratory practicals for 150+ students, resulting in measurable improvements in continuous assessment and term examination pass rates.
- Co-organized monthly Community Development Service (CDS) public health campaigns and outreach seminars reaching 500+ students and local community members on drug abuse, pharmaceutical safety, and hygiene practices.
- Integrated foundational physiological concepts and disease prevention strategies into community lectures, enhancing local health literacy and promoting preventive healthcare practices.

Academic Education

- **Registered Nurse (RN)** – College of Nursing Sciences, Ihiala, Anambra State | 2021 – 2024
- **Bachelor of Science (B.Sc.) in Human Physiology** – Chukwuemeka Odumegwu Ojukwu University, Uli | 2015 – 2019

Professional Certifications

- **Registered Nurse License** – Nursing and Midwifery Council of Nigeria
- **BLS, ACLS, PALS** – 2025
- **National Youth Service Corps (NYSC) Discharge Certificate** – 2020